

SWIM TRAINING CAMPS 2009-10

COLOUR BROCHURES ON ALL VENUES AVAILABLE ON THIS SITE

Guide Prices for Swimming Training Camp Packages include:

- ✓ Accommodation on Half Board Basis
- ✓ Swimmer's Goody Pack
- ✓ Return airport transfers at the venue
- ✓ Hotel to Pool transfers
- ✓ Support services of T&FT representatives and agents
- ✓ Swimming Training – 10 x 2 hour swim sessions

Packages can be tailor-made upon request / Prices based on 25 persons travelling/ Flights can be quoted for



CYPRUS

Coral Bay & Yeroskipou

At picturesque **Coral Bay** near Paphos the 50m outdoor pool sits within the grounds of the 5* Coral Beach hotel. We have negotiated the use of the pool for groups of 15+ swimmers and offer first class accommodation in this idyllic setting. The Coral Bay pool was the 2004 pre-Athens Olympics training camp venue for Team GB. The new **Yeroskipou** 50m pool is located close to Paphos Town and is serviced by an excellent 3* family orientated hotel ideal for youngsters within close walking distance of the pool. Two great Cyprus options for different budgets.

CYPRUS	5* Coral Bay: 7 nights swim camp from:	£ 449.00
	3* Yeroskipou: 7 nights swim camp from:	£ 315.00

LANZAROTE

Club la Santa

Club la Santa is a purpose built sports and apartment complex on the Canary Island of Lanzarote with a 50m heated outdoor pool. In addition it has a fitness gym and weight training area. The indoor sports centre also caters for other sports and there are tennis and squash courts plus a 400m athletics track. Club la Santa is a popular venue and with its remote location is ideal for a self-contained training camp without distractions.



CLUB LA SANTA	7 night swim camp Adults from:	£ 319.00
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Prices are based upon shared occupancy of apartments with pre-booked group half board arrangements



SPAIN

Torremolinos

The Olympic Pool in Torremolinos was built in 1998. It is part of a larger 'sports complex' in Torremolinos which provides excellent facilities for many sports including a comprehensive gym. The 50m pool has 8 lanes, is indoors and heated to 27 – 28° and is located only 20 minutes walk from the 3* Hotel Griego Mar. Packages inclusive of half board. An ideal hotel for younger swimmers and families

TORREMOLINOS	3* hotel 7 nights swim camp from:	£ 229.00
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GRAN CANARIA

Las Palmas

There are two swimming complexes in Las Palmas the capital of Gran Canaria. The Metropol Swimming Club has 2 x 50m and 1 x 25 m outdoor pools with a gymnasium on site and the Municipal Pool has 1 x 50m and 1 x 25m outdoor pools. Accommodation is offered at a 3* hotel in the centre of Las Palmas just 10 minutes from the pool and close to the beach. Gran Canaria offers very reliable warm weather throughout the whole year

GRAN CANARIA	3* hotel 7 nights swim camp from:	£ 499.00
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MALTA

Sliema

The University Pool Complex in Malta was built in 1992 when Malta hosted the Small Island Games. It is now available as a venue for club / group training camps. The 50 metres pool has 10 lanes and the adjacent diving pool offers an additional 25m facility ideal for synchro swimming groups. Accommodation is offered at a 3* hotel within walking distance of the pool or at adjacent resorts with bus transfers to and from the pool.



MALTA	3* hotel 7 nights swim camp from:	£ 309.00
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MAJORCA

Palma

The Son Hugo Pool Complex in Palma has 2 x 50m pools – one indoor and one outdoor - plus a diving pool. Accommodation is offered at a superior 3* hotel on the beach in the resort of Ca'n Pastilla just 15 minutes by bus from the pool. A very affordable option for groups of all standards at this very popular holiday destination with a wide choice of flight departures from all over the UK.

MAJORCA	3* hotel 7 nights swim camp from:	£ 379.00
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ITALY

Lignano

Getur Village in Lignano Sabbiadoro is a phenomenal facility and the perfect place for training camps at any time of the year. At the Adriatic Sea between Venice and Trieste, it is an entire sports village with 2 indoor pools (50m and 25m), weight room, fitness center, self-service restaurant, private beach, all sports playgrounds and several hotels with a total of 3000 beds. It's a paradise for swimmers and coaches, since everything is at your fingertips, for training as well as for relaxation and fun.



LIGNANO 3* hotel 7 nights swim camp from: **£ 289.00**



SPAIN

Mataro

The resort of Mataro located 28km outside of Barcelona is home to a 50m outdoor and 25m indoor pool set in an ideal beach location. We offer a 3* hotel in Mataro within walking distance of the pool, and, at the nearby resort of Santa Susanna, there are 3* hotels offering good group prices. Flight from the UK arrive into Barcelona or Girona.

MATARO 3* hotel 7 nights swim camp from: **£ 589.00**
SANTA SUSANNA 3* hotel 7 nights swim camp from: **£ 309.00**

TUNISIA

Nabeul

This 50 metre, open air heated pool has 8 lanes and is conveniently located within the hotel grounds and close to the beach. There is convenient space on poolside for land training and a well equipped gym and fitness centre at the hotel. Hotel Kheops is one of the most modern hotels in Nabeul and is located just 600 metres from the city centre and 10 km from popular tourist town of Hammamet.



TUNISIA 3* hotel 7 nights swim camp from: **£ 299.00**



SPAIN

Girona

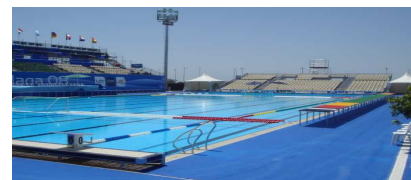
The "Grup Esportiu i Excursionista de Girona" (GeiEG), is one of the foremost sporting clubs in Catalunya, thanks to their range of installations. It boasts a 50m x 21m heated Olympic pool that is approximately 2.10 m deep, with eight lanes and optional facilities for water polo. The swimming pool has a folding roof on both sides, enabling it to be used in summer and winter. Located near the Old City of Girona and only a 7 minute transfer to/from the pool, our friendly hotel will give a warm welcome to your team.

GIRONA 3* hotel 7 nights swim camp from: **£ 379.00**

SPAIN

Malaga

The Malaga Aquatic Centre was completed in 2008, to host the European Waterpolo Championships. The complex is allocated in a new urban area, close the motorway connecting the city of Málaga with the Sun Coast, 2km from the airport, next the Martin Carpena Sport Palace and the athletics Stadium, and just 200m from the sea. The centre boasts an **indoor and outdoor 10 lane - 50m x 25m pool**, as well as **2 x short course 25m and 17m indoor pools**. Both 50m pools have starting blocks and lane ropes, with 6 underwater viewing windows located in the outdoor pool. All groups have full use of the 1,000sq. metre fitness room for one hours land training each day (pre or post swimming) – this is included in the price.



MALAGA 3* hotel 7 nights swim camp from: **£ 309.00**



THAILAND

Phuket

Here is a wonderful opportunity to benefit from one of the best training facilities in Southeast Asia. Enjoyed by international squads, representative teams and clubs alike, we are delighted to offer your team the opportunity to be based at the British International School (BCIS) on the beautiful Island of Phuket. A safe, 36-acre campus of private land on the beautiful island. Possibly the best value for accommodation and training in the world. Olympic-sized swimming pool with a 25m sprint pool next to it, 1600 sq.m. Indoor Sports Centre, Gym, tennis and basketball courts, extensive playing fields. 24 hours nursing care on campus, 24 hours security.

PHUKET 3* hotel 7 nights swim camp from: **£ 395.00**