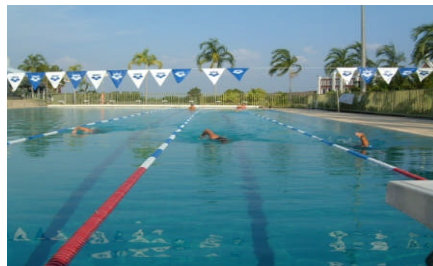




Here is a wonderful opportunity to benefit from one of the best training facilities in Southeast Asia. Enjoyed by international squads, representative teams and clubs alike, we are delighted to offer your team the opportunity to be based at the British International School (BCIS) on the beautiful Island of Phuket. A safe, 36-acre campus of private land on the beautiful island. Possibly the best value for accommodation and training in the world. Olympic-sized swimming pool with a 25m sprint pool next to it, 1600 sq.m. Indoor Sports Centre, Gym, tennis and basketball courts, extensive playing fields. 24 hours nursing care on campus, 24 hours security.

### Why Thailand?

Easy access by air from all around the world. Many air carriers fly direct to Phuket! BCIS is located 30 minutes from the airport. A very clean, healthy, unpolluted and natural environment. Purpose built facilities, fully-equipped, state of the art technology. High quality teaching and sports facilities. Phuket is a world famous tourist destination.



### FLIGHTS TO / FROM PHUKET

Fares generally range from:

**£ 450.00 - £ 700.00 incl. airport taxes**

Flights via Bangkok with Thai Int'l Airways or via Kuala Lumpur with Malaysian Airlines

### Package prices in include:

- ✓ 7 nights hotel accommodation based on twin or 4 sharing
- ✓ Full board basis.
- ✓ 12 x 2 hour swim sessions (Additional days can be quoted for, if required)
- ✓ Land training in indoor sports centre
- ✓ Phuket airport > hotel return transfers.
- ✓ Transportation with minibuses once a day to your choice of location around the island.
- ✓ T&FT Warm Weather Training Pack
- ✓ Services of our local agent

### PACKAGE PRICE PER PERSON FROM:

**£395.00**

For a detailed quotation based on your specific requirements please contact us by phone, email or request form on our website. Additional days can be requested.



TFT Swimming Camps understands the difficulty in organising a training camp in the current financial climate. We have a range of destinations and training camp durations to meet all budgets and any quotation given based upon your specific request(s) may not necessarily be the cheapest but in consultation we are happy to work with you to adjust any proposal to meet your budget. In comparing quotations from different sources we are happy to "price match" on a comparable "like for like" basis so that you receive the "best value" for your choice of venue and specific arrangements.

**Early Booking & Group Discounts available upon request**

### HOW TO BOOK:

Bookings should be made using our Booking Form. A DEPOSIT of £100.00 per person is required to cover the accommodation and training camp arrangements. Flight deposits will be based on the terms of your chosen airline. For some discounted and scheduled flights the full flight price may be payable at the time of booking. Cheques should be made payable to "Track and Field Tours Ltd".